

Are you or someone you care about in a mental health crisis?  
Getting help cannot wait. Crisis services are available 24/7.

**Woodland Centers Crisis Response Services. Call 1-800-432-8781.  
All Day/Every Day/All Ages**

**Mobile Crisis Response:**

Our team will meet with you at a time and place that works best for you. Telehealth services are available. Service is available 24 hours a day, 7 days a week. 1-800-432-8781

**Urgent Care:**

If you need to be seen today, Urgent Care services are available Monday – Friday 8:00 a.m. to 4:00 p.m. at all seven Woodland Centers locations or by telehealth. No appointment needed and walk-ins are welcome. Call 1-800-432-8781.

**Crisis Residential:**

Short term crisis beds for youth and adults. 1-10 day stay. Provides assessment, safety, support and referrals. Located at 1125 SE 6th Street Willmar, MN. 1-800-432-8781

[www.woodlandcenters.com](http://www.woodlandcenters.com)



## ADDITIONAL RESOURCES



Suicide Prevention Phone or Text Lifeline: Call or text 988. [988lifeline.org](http://988lifeline.org)

MN Warmline by Mental Health Minnesota: 651-288-0400 or 1-855-927-6546 or text “Support” to 85511. Available 9am to 9pm (7 days a week/365 days a year).

[mentalhealthmn.org/what-we-do/peer-support/minnesota-warmline](http://mentalhealthmn.org/what-we-do/peer-support/minnesota-warmline)

Peer Support Connection Warmline by Wellness in the Woods: 1-844-739-6396. Available 5pm to 9am (7 days a week/365 days a year). [mnwitw.org/mnwarmline](http://mnwitw.org/mnwarmline)

Police: 911

Free Naloxone: Call Woodland Centers at 320-235-4613 or stop into any Woodland Centers office location. [knowthedangers.com/naloxone-finder](http://knowthedangers.com/naloxone-finder)

Suicide Prevention: Minnesota Resources: [health.state.mn.us/communities/suicide/basics/gethelp](http://health.state.mn.us/communities/suicide/basics/gethelp)

Completing a Psychiatric Advance Directive: [MN Advanced Psychiatric Directive](#)

To find help for alcohol or substance use: <https://www.fasttracker.org/>

To find treatment services and resources nationwide: [SAMHSA National Helpline](http://www.samhsa.gov)